

Activity Planner



	Morning	Afternoon	Evening
Monday	Personal Time	Family Contact Time – FaceTime, letters, cards	
Tuesday	Memories	Quizzes and chats	Drinks trolley
Wednesday	Seated Exercise	Dominoes/ Board games	
Thursday	Coffee with Chat	Travelling Dart-ball	
Friday	VE Day coffee, tea and chat	VE Day Celebrations on BBCI with drinks trolley	VE Day BBCI Concert
Saturday	Crosswords or word games	Family Contact Time – FaceTime, letters, cards	
Sunday	News stories and gossip	Art in My Room	