



Muirfield

a Randolph Hill Nursing Home

Activity Planner

Week 5	Morning	Afternoon	Evening
Monday	What's in the news today? Newspaper discussion Cake baking – art project	Bus outing	
Tuesday	What's in the news today? Newspaper discussion Board games	Crafts Indoor games	Indoor games
Wednesday	What's in the news today? Newspaper discussion Puzzles and quizzes	Art of the iPad Jim's Inn	Dominoes
Thursday	Bus outing Keep fit Flower arranging	Cake baking competition	
Friday	What's in the news today? Newspaper discussion Velcro darts	Hand massage Dominoes	Card games
Saturday	What's in the news today? Newspaper discussion	Film show	Indoor games
Sunday	Bus outing	Crafts	

Week 6	Morning	Afternoon	Evening
Monday	Bus outing	Crafts	
Tuesday	Indoor games	Dominoes	Indoor games
Wednesday	What's in the news today? Newspaper discussion Bus outing Board games	Afternoon tea/ spirit of Scotland	Dominoes
Thursday	Parlour games		Film show
Friday	Gentle exercise	Flash cards	Card games
Saturday	Crafts – knitting and weaving	Bus outing	
Sunday	Sing-a-long with Jim	Horticulture	