WEEKLY ACTIVITIES – Revised each week by the Activity Coordinators

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| DAY |  | PLACE | TIME | ACTIVITY |
| **MONDAY** | Picnic drawing bus trip barbecue outdoor food icons Free vector in Adobe  Illustrator ai ( .ai ) format, Encapsulated PostScript eps ( .eps ) format  format for free download 3.70MB  [400 × 225](https://www.google.co.uk/url?sa=i&url=https%3A%2F%2Fwww.bbc.co.uk%2Fcbbc%2Fquizzes%2Fscotland-quiz&psig=AOvVaw1iTayWpLiivncy4aErIMAF&ust=1606724388240000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCNihsvaop-0CFQAAAAAdAAAAABAU) | **Groups** | **From 10:45am throughout the day** | **Bus trips –With Jordan** |
| ***TUESDAY*** | *Free Chair Exercising Cliparts, Download Free Chair Exercising Cliparts png  images, Free ClipArts on Clipart LibraryWalking in a garden – The Queen's Nursing Institute*    *Wonderland tea party decorated table. | CanStock*  *Dominoes Game – How to Play, Rules, Scoring, Strategy &amp; Tips*  **Teen + Preteen Art Class** | **Individually**  **Individual / Group**  **Garden**  **Individually**  **Individually/ Group** | **AM**  **AM**  **PM**  **PM**  **PM** | **Walking in the garden – With Gemma and Natalia**  **Seated Aerobics – With Jordan**  **Try a New Brew Tea Party**  **Dominoes - With Gemma**  **Arts and Crafts – With Natalia** |
| **WEDNESDAY** | **Quiz Doodle High Res Stock Images | Shutterstock** | **Group**  **Individually**  **Individually & Groups**  **Individually**  **Individually** | **AM**  **AM**  **PM**  **PM**  **PM** | **Seated Zumba – With Gemma and Natalia**  **Walking in the Garden - With Jordan**  **Pub-Style Quiz – With Jordan**  **Manicures – With Gemma**  **Walking in the Garden – With Natalia** |
| **THURSDAY** | Cartoon thought bubble Free vector in Open office drawing svg ( .svg )  vector illustration graphic art design format format for free download  34.45KB  Mamma Mia! (film) - Wikipedia | **Individually**  **Individually**  **Groups** | **AM**  **PM**  **PM** | **Walking in the Garden – With Gemma and Jordan**  **Individual Reminiscence – With Gemma**  **Mamma Mia Viewing Party and Singalong with Themed Snacks and Wine** |
| **FRIDAY** | **How Music and Comedy help Bingo reach new audiences - TotalNtertainment** | **Groups**  **Groups** | **AM**  **PM** | **Ladies Tea Morning – With Gemma**  **Bingo** |
| **SATURDAY** | **Golf clipart free images - Clipartix** | **Groups &**  **Individually**  **Groups and Individually** | **AM**  **PM** | **Walking in the Garden**  **Golf Putting** |
| **SUNDAY** | **Church Services for Dec. 18 | Home and Family | heraldextra.com**  **Church Services for Dec. 18 | Home and Family | heraldextra.com** | **Each Lounge**  **Groups** | **From 10.30am**  **Throughout the Day** | **Church Services & Prayers with Jordan**  **Bus Trips All Day** |