


























ASHLEY COURT WEEKLY ACTIVITY PROGRAMME

Week Beginning MONDAY 6th October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6 th	7 th	8 th	9 th	10 th	11 th	12 th
10am Activity Programme Chat  Circulating	10am Hairdresser  Rose Lounge	10am  With Nelly	10am  With Marcin 11am  Dance Therapy Rose Dining Room	10.30am Reminiscence  With Marcin	10am  With Glenn 11am Gardening  With Glenn 2.30pm  Sing A Long With Drinks 6pm  Beetle Drive Shamrock Lounge With Louise	10.30am Bus Outing  Silverknowes 11am  With Glenn 2.30pm Bus Outing  Coffee Shop At The Mining Museum Limited Spaces
10.30am Bus Outing  South Queensferry	10.30am  Manicures With Louise	11am  With Nelly	2.30pm Therapet Tilly  Circulating	10.30am  With Nelly		
2.30pm Bus Outing  Klondyke Garden Centre Limited Spaces	2.30pm  Dominoes Rose Dining Room	2.30pm  Rose Dining Room	2.30pm Crosswords On The Big Screen  Rose Dining Room	2.30pm  Rose Dining Room		
2.30pm  Skittles Rose Dining Room 6pm  With Glenn						

Subject to change at short notice. Please give any suggestions for Activities or outing you would like to see on the programme to the Activity Staff
 Activities-AC@Randolphhill.com

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Fruits

Y	R	R	E	B	P	S	A	R	T	E	A	L	M
A	E	N	B	L	A	C	K	B	E	R	R	Y	I
B	I	P	E	N	B	W	G	A	A	R	R	W	E
R	R	A	E	A	O	A	A	Y	N	P	R	A	N
R	E	K	W	C	O	T	O	S	A	A	L	P	G
B	R	I	I	A	Y	E	B	T	N	P	E	P	R
W	O	W	Y	A	R	R	L	R	A	A	M	L	A
W	R	I	N	R	R	M	U	A	B	Y	O	E	P
R	A	K	O	O	B	E	E	W	L	A	N	B	E
P	N	L	L	C	I	L	B	B	K	E	E	R	G
A	G	B	C	I	I	O	E	E	B	R	E	Y	A
R	E	E	E	B	M	N	R	R	R	S	E	O	I
A	O	E	N	K	O	E	R	R	E	G	N	C	E
C	E	G	B	Y	B	M	Y	Y	I	E	O	Y	E

BLACKBERRY
 LIME
 WATERMELON
 BLUEBERRY
 PAPAYA
 KIWI
 ORANGE
 RASPBERRY
 APPLE
 BANANA
 STRAWBERRY
 GRAPE
 LEMON