ASHLEY COURT WEEKLY ACTIVITY PROGRAMME

Week Beginning MONDAY 6th October 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-----------------------|------------------------|--------------------|-----------------------------------|------------------|-------------------------|--|
| 6 th | 7 th | 8 th | 9 th | 10 th | 11 th | 12 th |
| 10am | 10am | 10am | 10am | 10.30am | 10am | 10.30am |
| Activity Programme | Hairdresser | TEA | 11111111 | Reminiscence | | Bus Outing |
| Chat | | | ARE CON AL TARREST | | ALCONAL MARK | EQ Sat |
| | | COFFEE- | With Marcin | | With Glenn | |
| Circulating 10.30am | | With Nelly | 11am | | 11am Gardening | Silverknowes |
| Bus Outing | 2 25 | | | With Marcin | | 11am |
| 29430 | Rose Lounge | 11am | | 10.30am | | NAME OF THE PARTY |
| South Queensferry | 10.30am | WORD | Daniel Thermon | | 35 | ALE STATE OF THE S |
| 2.30pm | | games | Dance Therapy Rose Dining Room | Musico | With Glenn | 9 7 |
| Bus Outing | 901 | With Nelly | Rose Dining Room | Juizg | 2.30pm | With Glenn |
| | | | 2.30pm | | 2.00p | 2.30pm |
| 0 0 | Manicures | 2.30pm | Therapet Tilly | With Nelly | 27,21 1 1/2 | Bus Outing |
| Klondyke Garden | With Louise | | 462 P | | | |
| Centre Limited Spaces | 2.30pm | 1 20 36 40 | | 2.30pm | | 230 |
| 2.30pm | • | 12 18 () 48 66 | Circulating | A POR STORES | Sing A Long With Drinks | 0 0 |
| <u> </u> | •••• | 14 2 40 51 75 | Officulating | APTEN | 6pm | |
| | | 23 37 60 70 | 2.30pm Crosswords On | CRAFTS | • | Coffee Shop At The |
| Skittles | | Rose Dining Room | The Big Screen | 10000110 | Beetle 🤻 | Mining Museum |
| Rose Dining Room | Dominoes | | | | Prive | Limited Spaces |
| 6pm | Rose Dining Room | | S PUZZLE | Rose Dining | | |
| 7 ? | | | ik and is made | Room | Shamrock Lounge | |
| | | | | - | With Louise | |
| | | | Rose Dining Room | | | |
| With Glenn | | | | | | |

Subject to change at short notice. Please give any suggestions for Activities or outing you would like to see on the programme to the Activity Staff Activities-AC@Randolphhill.com

ASHLEY COURT WEEKLY ACTIVITY PROGRAMME

Fruits

| Υ | R | R | E | В | Р | S | Α | R | Т | Е | Α | L | М |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Α | Ε | N | В | L | Α | С | Κ | В | E | R | R | Υ | I |
| В | I | Р | Ε | N | В | W | G | Α | Α | R | R | W | Ε |
| R | R | Α | E | Α | 0 | Α | Α | Υ | N | Р | R | Α | N |
| R | Ε | Κ | W | С | 0 | Т | 0 | S | Α | Α | L | Р | G |
| В | R | I | I | Α | Υ | Ε | В | T | N | Р | Ε | Р | R |
| W | 0 | W | Y | Α | R | R | L | R | Α | Α | M | L | Α |
| W | R | I | N | R | R | M | U | Α | В | Y | 0 | E | Р |
| R | Α | Κ | 0 | 0 | В | Е | Е | W | L | Α | N | В | Ε |
| Р | N | L | L | С | I | L | В | В | K | Е | E | R | G |
| Α | G | В | С | I | I | 0 | E | E | В | R | E | Υ | Α |
| R | Ε | Ε | E | В | M | N | R | R | R | S | E | 0 | Ι |
| Α | 0 | E | N | Κ | 0 | E | R | R | E | G | N | С | Ε |
| С | E | G | В | Y | В | M | Y | Y | I | E | 0 | Y | Ε |

BLACKBERRY
LIME
WATERMELON
BLUEBERRY
PAPAYA
KIWI
ORANGE
RASPBERRY
APPLE
BANANA
STRAWBERRY
GRAPE
LEMON